

December 2019 January 2020

Calendar for JV and Varsity Athletes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10	11	12	13	14	15
15	16	17	18	19 Practice/Games	20 Practice/Games Last day of classes	21 Practice/Games
22 No Practice	23 Practice ends by 12:00pm	24 No Practice *Optional Open Conditioning	25 No Practice	26 No Practice	27 No Practice	28 No Practice *Optional Open Conditioning
29 No Practice	30 Practices resume after 3:00pm	31 Practice/Games	January (1) No Practice	(2) Practice/Games	(3) Practice/Games	(4) Practice/Games
(5) No Practice	(6) Classes resume	(7)	(8)	(9)	(10)	(11)

On all dates labeled "No Practice," or days with an early end or late start time, every effort will be made not to schedule a contest. If the athletic office must schedule a contest, student-athletes will **not** be penalized for missing it.

*Open Conditioning

Open conditioning is an optional, non-required, time for in-season student-athletes to use the high school facilities for conditioning from 9:00am to 12:00pm. The gym, wrestling room, and fitness center will be open and staffed by a variety of coaches. Please note, the student-athletes' coach may not be the supervising coach. Only student-athletes with a valid RHS ID card will be permitted to enter the high school. Friends and family members of athletes are not permitted.



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April 2020

Calendar for JV and Varsity Athletes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9 Practices end by 12:00pm	10 No Practice	11 No Practice
12 No Practice	13 No Practice	14 No Practice	15 Practices/games resume after 3:00pm	16 Practices/Games	17 Practices/Games	18 Practices/Games
19 No Practice	20 School Open	21	22	23	24	25
26	27	28	29	30		

*On all dates labeled “No Practice,” or days with an early end or late start time, every effort will be made not to schedule a contest. If the athletic office must schedule a contest, student-athletes will **not** be penalized for missing it.

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Varsity Athletic Vacation Policy

The Roslyn Public Schools interscholastic athletics program is an extension of the classroom where meaningful lessons take place every day. Commitment, teamwork and striving for excellence are integral parts of that learning process. At the same time, there is an acknowledgement that a balance must be struck between the responsibility to the varsity team and family vacation time that is precious to the community.

The Roslyn administration will give a minimum of three family vacation days during the December, February and spring vacation period where no practices and/or games will take place. Student athletes must be present for all practices or games effective immediately after the family vacation period ends. Failure to do so will result in strict consequences (see Regulation).

Regulation APPLIES TO VARSITY ATHLETES ONLY:

Varsity Athlete Vacation Regulation (effective July 1, 2016)

The district will annually designate mandatory practice dates during each school vacation period (“designated practice days”). “School vacation period” is the time when school is not in session, i.e. December, February and spring break periods. The district will endeavor to schedule early practice on the day immediately prior to the start of a school vacation period and late practice on the first designated practice day during the school vacation period (also referred to in Board Policy No. 5285 as “family vacation period”).

In the event that a student athlete fails to attend practice on a designated practice day, it will be considered an unauthorized absence.

Student athletes that do not attend a practice or contest on the designated practice days due to unauthorized absences will not be removed from a team; however, the following minimum* consequences will apply:

1. If a student athlete does not attend a practice or contest on the first designated practice day, he/she will be “benched” for at least the next two (2) regularly scheduled contests.
2. If a student athlete does not attend a practice or contest on the first and second designated practice days, he/she will be “benched” for at least the next four (4) regularly scheduled contests.
3. If a student athlete attends a practice or contest on the first designated practice day and does not attend a practice or contest on any subsequent designated practice days during the school vacation period, he/she will be “benched” for at least a minimum of one contest (next regularly scheduled contest) for each day missed

*any discipline of an athlete exceeding the minimum consequence shall be determined by the Director of Athletics in consultation with the coach, administration and counselors

Varsity Attendance Outside of the Vacation Periods

The varsity attendance policy outside of the vacation periods are the same as the JV policy.

Junior Varsity Attendance for Athletes

Junior varsity athletes will follow the same penalty for missing practices/games during a vacation period that is consistent with the regular season. Please read below for JV athletes during the season and during a vacation period.

Students who miss practices or games due to illegal absences will not be removed from teams. However, the following minimum consequences will apply to all illegal absences, during regular practice time:

- (1) For every single contest missed, the athlete will be "benched" for the next regularly- scheduled contest.
- (2) For every two practices missed, the athlete will be "benched" for the next regularly-scheduled contest.

The consequences for missed practices or contests will be the same for all athletes on any sport at any level (except for varsity athletes during a vacation period). After the consequences are served, the return of individual athletes to regular playing time or "starting time" will be left to the discretion of the individual coach.